

## A 2-Day Workshop on Marriage Counselling

☞ Presenter: Douglas Snyder, Ph.D ☞

Please Visit [www.WishingWellsCounselling](http://www.WishingWellsCounselling) for more information

**Friday, March 19, 2010 (9:00 AM – 4:30 AM)**

**Emotion Regulation in Couples Therapy: An Integrative Approach**

**Saturday, March 20, 2010 (9:00 AM – 4:30 AM)**

**Rebuilding Intimacy After an Affair**

**Location: VanDusen Botanical Garden (5251 Oak St, Vancouver, B.C.)**

**Registration begins at 8:15 Am**

Description of workshops:

### **Day 1: Emotion Regulation in Couples Therapy: An Integrative Approach**

This workshop will present an integrative approach for working with challenging couples characterized by difficulties in regulating emotions. An overview of alternative theoretical approaches to couple therapy will be provided, along with specific intervention techniques within each approach. Indicators and contra indicators of various techniques will be discussed, and an integrative hierarchical model will be presented for organizing interventions in a strategic manner. Special attention will be given to addressing individual emotional and behavioral concerns within conjoint couple therapy.

### **Day 2: Rebuilding Intimacy after an Affair**

This workshop will present an integrative approach to treating affair couples. The workshop is designed for couple therapists already skilled in the fundamental techniques of couple therapy, but who wish conceptual as well as specific clinical skills in working with this difficult population. The treatment approach to be presented in this workshop draws on the theoretical and empirical literature regarding traumatic response as well as interpersonal forgiveness. The treatment integrates cognitive-behavioral with insight-oriented or developmental techniques within an ecosystemic perspective. This affair-specific intervention is the only couple-based intervention designed specifically to address both individual and relationship consequences of infidelity to have been empirically examined and supported in clinical research.

*Dr. Douglas Snyder* is Professor & Director of Clinical Psychology Training at Texas A&M University. He has been recognized nationally for his research on couple assessment and therapy. He has two books with Guilford Press that address working with couples recovering from an affair, including [Getting Past the Affair: A Program to Help You Cope, Heal, and Move On](#) and *Helping Couples Get Past the Affair: A Clinician's Guide*. He is also coeditor of a text on [Treating Difficult Couples](#) published by Guilford Press, and is coeditor of a text on [Emotion Regulation in Couples and Families](#) published by the American Psychological Association. Dr. Snyder received the 2005 Award from the American Psychological Association for Distinguished Contributions to Family Psychology. He is a Fellow of the American Psychological Association and served as Editor of the *Clinician's Research Digest*, as Associate Editor for the *Journal of Consulting and Clinical Psychology*, and as Associate Editor for the *Journal of Family Psychology*. He also maintains a clinical practice specializing in couple therapy.

**Workshop Fees -**  
*(5% GST, Light Breakfast, Lunch & Afternoon Refreshments all Included)*

**Early Bird Payment must be received by Jan 15, 2010**

	Early Bird		Regular	
	1 Day	2-Day	1 Day	2-Day
Full Time Students	\$109	\$160	\$119	\$189
ACTS / TWU Faculty & Alumni	\$159	\$275	\$169	\$289
Professionals	\$185	\$359	\$199	\$389

**Detailed Registration Information on Page 3**

**TO REGISTER**, please send an EMAIL with your registration information  
*(name, address, phone number, agency/organization)* to  
[Workshop@WishingWellsCounselling.com](mailto:Workshop@WishingWellsCounselling.com)  
 Or visit [www.WishingWellsCounselling.com](http://www.WishingWellsCounselling.com)

AND

Mail your **completed form** and mail it with your cheque  
 (PAYABLE TO **ACTS**) to:

**The Wishing Wells Counselling Service**  
**Suite 120- 809 West 41<sup>st</sup>, Vancouver, BC V5Z 2N6**

**REGISTRATION FORM:**

NAME:	
ADDRESS:	
CITY AND POSTAL CODE:	
PHONE:	EMAIL:
AGENCY/ORGANIZATION:	
WORKSHOP: Please check ONE: 1. ____ Day 1 ONLY-Friday, March 19, 2010	
2. ____ DAY 2 ONLY-Saturday, March 20, 2010	
3. ____ 2 DAYS-Friday & Saturday, March 19-20, 2010	

**Registration Information - Please Read Carefully:**

***Registration is a two step process:***

1. **Register** with one of the following 2 options:

- a. Send an Email to: [Workshop@WishingWellsCounselling.com](mailto:Workshop@WishingWellsCounselling.com)
- b. Leave a voicemail at (604) 568-6556 if you don't have access to email.

2. **Mail your cheque** (payable to: ACTS) to: **Wishing Wells Counselling Service Suite 120 - 809 West 41<sup>st</sup> Ave, Vancouver, BC V5Z 2N6** in order to secure your place in the workshop. Upon receiving your payment you will receive an email or voicemail confirmation (one time only) within 3 working days after your payment is received. .

3. If the workshop is full, your payment will be refunded in full , or we can place you on a waiting list and refund later if the workshop is still full.

4. Your place in the workshop may be given away to other participants if we do not receive your payment prior to the workshop, even if you have registered via email or phone.

5. Cancellations & Refund can be requested by February 10, 2010 & will be charged \$55.00 for administration fee. There will be no refund after Feb 10, 2010 but you may transfer your registration to a colleague.

**For More Information:**

[www.WishingWellsCounselling.com](http://www.WishingWellsCounselling.com)

Email: [Workshop@WishingWellsCounselling.com](mailto:Workshop@WishingWellsCounselling.com)

(604) 568 -6556

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