

2010 Summer Parent-Child Play Groups

Research has shown that the ability to soothe and nurture oneself in later life depends on early experiences of being soothed and nurtured. A fun, joyful, empathic and attuned responsive attitude of the parent is the core to the development of a strong sense of self, feelings of self worth, and secure attachment.

Group Purpose:

One of the purposes of this group is for strengthening parent-child relationship through simple, fun and enjoyable activities. We also aim to support parents in building effective parenting strategies.

Group Content:

In our parenting discussion group, we will discuss the importance of attachment and show you both verbal & non-verbal techniques in facilitating secure bonding with your toddler. We will also show you how to find a balance in showing empathy and the use of effective Limit Setting. Activities in our Parent-Child play group are attachment based and aimed to help a child to build stronger sense of self. Some of these activities have been used in clinical settings as well. Parents can use these play activities at home as they are simple to do, fun as well as nurturing!

Group Format:

Ages 6 - 9 years old Option:

Parents Discussion Group - One evening session prior to the Parents & Children Play Group.

Parents & Children Play Group - Three 3-hour sessions (Parents & Children - at least 1 parent needs to attend. Parents' participation is required)

Ages 10 - 12 years old Option:

Parents Discussion Group - One evening session prior to the Parents & Children Play Group.

Parents & Children Play Group - Three 3-hour sessions (Parents & Children - at least 1 parent needs to attend. Parents' participation is required)

Location:

Please contact us for details

Facilitators:

We are a group of Family & Children Therapists who are passionate about working with children and parents. Our credentials include Registered Play Therapist, Registered Marriage & Family Therapist & Registered Clinical Counsellors of BC.



2010 Summer Parent-Child Play Groups – Details

Group 1

Dates:	Mon. July 19 - Wed. July 21, 2010 (3 Days)
Time:	9:30am – 12:30pm
Ages:	Children between 6 to 9 years of age
Parents Meeting:	Tues. July 13, 6:00pm
Early Bird Fees by June 25:	\$220 (per 1 parent +1 child, but both parents are welcome to attend)
Regular Fees:	\$245 (per 1 parent +1 child, but both parents are welcome to attend)
Email:	workshop@wishingwellscounselling.com
Phone:	604-568-6556
Website:	http://www.wishingwellscounselling.com/2010su-play-groups/
Cancellation:	Cancellation & Refund must be requested by July 5th. There will be a cancellation processing fee of \$30 if request is made by July 5th. No Refund will be issued after July 5th, 2010.

Group 2

Dates:	Mon. Aug 16 - Wed. Aug 18, 2010 (3 Days)
Time:	9:30am – 12:30pm
Ages:	Children between 10 to 12 years of age
Parents Meeting:	Tues. Aug 10, 6:00pm
Early Bird Fees by June 25:	\$220 (per 1 parent +1 child, but both parents are welcome to attend)
Regular Fees:	\$245 (per 1 parent +1 child, but both parents are welcome to attend)
Email:	workshop@wishingwellscounselling.com
Phone:	604-568-6556
Website:	http://www.wishingwellscounselling.com/2010su-play-groups/
Cancellation:	Cancellation & Refund must be requested by August 4th. There will be a cancellation processing fee of \$30 if request is made by August 4th. No Refund will be issued after August 4th, 2010.

Please send this portion and payment to: **Wishing Wells Counselling Service, #120-809 West 41st Ave. Vancouver, BC. V5Z 2N6**

Parent's Information

LAST Name: _____

FIRST Name: _____

Phone: () _____ - _____

Address: _____

Email: _____

Options:

Age 6 – 9 (Mon. July 19 – Wed. July 21)

Age 10 – 12 (Mon. Aug 16 – Wed. Aug 18)

Payment Enclosed: \$ _____

Child's Information

LAST Name: _____

FIRST Name: _____

Age: _____ Grade: _____

School: _____

Allergies: _____

For Office Use Only

Payment Received: _____

Cash Cheque: _____